



# newsletter

5 November 2020

## Term Four

Safety Circus – Year 3  
9 November

Prep – Year 3  
Swimming Lessons  
Weeks 6-8

Year 5 & 6  
Pumped Up Sports  
12 November

Year 5 - Kinchant Dam  
16 & 17 November

Year 6 Excursions  
24 – 27 November

2021 Prep Orientation  
30 November

Year Six  
Thanksgiving Mass  
3 December

Last day of Term Four  
4 December

## Our School Mission Statement



Dear Parents,

Once a professor began his class by holding up a glass with some water in it. He held it up for all to see and asked the students, “How much do you think this glass weighs?” ‘1 pound!’ ..... ‘2 pounds!’ ..... ‘3 pounds!’ ..... the students answered. “I really don’t know unless I weigh it,” said the professor, “but my question is : What would happen if I held it up like this for a few minutes?” “Nothing” the students said.

“OK what would happen if I held it up like this for an hour?” the professor asked, “Your arm would begin to ache” said one of the students. “You’re right, now what would happen if I held it for a day?” “Your arm could go numb, you might have severe muscle stress and paralysis; have to go to hospital for sure” ventured another student. All the students laughed.

“Very good, but during all this, did the weight of the glass change?” asked the professor. “No,” replied the students. “Then what caused the arm ache; the muscle stress? Instead, what should I do?” The students were puzzled. “Put the glass down” said one of the students. “Exactly!” said the professor.

“Life’s problems are something like this. Hold them for a few minutes in your head; they seem OK. Think of them for a long time; they begin to ache. Hold them even longer; they begin to paralyse you. You will not be able to do anything. It is important to think of the challenges in your life, but **EVEN MORE IMPORTANT** to ‘put them down’ at the end of every day before you go to sleep. That way you are not stressed, you wake up every day fresh and strong, you can handle any issue, any challenge that comes your way! **REMEMBER TO PUT THE GLASS DOWN.**”

At this time of the year when teachers are busy writing and finalising reports, there is a great deal of time spent reflecting upon each student’s learning and progress throughout the year. In the busyness of our lives it is important for all of us to stop and reflect. Perhaps the following ‘learnings’ can help:

I’ve learned.....

- that the best classroom in the world is at the feet of an elderly person
- that when you’re in love, it shows

- that just one person saying to me, "You've made my day!" makes my day
- that having a child fall asleep in your arms is one of the most peaceful feelings in the world
- that being kind is more important than being right
- that you should never say no to a gift from a child
- that I can always pray for someone when I don't have the strength to help him/her in some other way
- that sometimes all a person needs is a hand to hold and a heart to understand
- that we should be glad that God doesn't give us everything we ask for
- that it's those small daily happenings that make life so spectacular
- that under everyone's hard shell is someone who wants to be appreciated and loved
- that the Lord didn't do it all in one day. What makes me think I can?
- that when you plan to get even with someone, you are only letting that person continue to hurt you
- that love, not time, heals all wounds
- that everyone you meet deserves to be greeted with a smile
- that no one is perfect until you fall in love with them
- that when you harbour bitterness, happiness will dock elsewhere
- that I wish that I could have told my Dad that I love him one more time before he passed away
- that one should keep their words soft and tender, because tomorrow they may have to eat them
- that a smile is an inexpensive way to improve your looks
- that I can't choose how I feel, but I can choose what I do about it
- that when your newly born grandchild holds your finger in his little fist, that you're hooked for life
- that everyone wants to live on top of the mountain, but when all happiness and growth occurs while you're climbing it
- that the less time that I have to work with, the more things I get done.

Wishing you God's blessings for the coming week,

**Geraldine Rostirolla**

Principal



# Religious Education

## **WHAT'S IMPORTANT? – A REFLECTION** (Author Unknown)

While on holiday in Eastern Europe, an American tourist paid a visit to a renowned rabbi. He was astonished to see that the rabbi's house was only a simple room filled with books, a table and a single bench.

"Rabbi," asked the tourist, "Where is your furniture?"

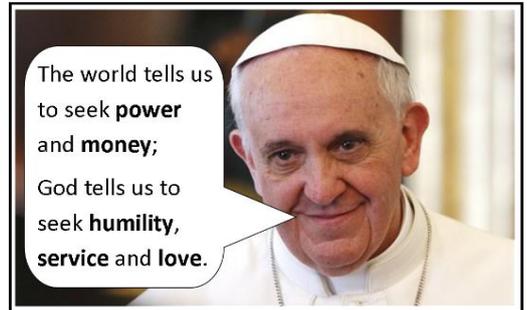
"Where is yours?" replied the rabbi.

"Mine?" asked the puzzled American, "but I am only a tourist here. I'm only a visitor passing through."

"So am I" said the rabbi.

Money can buy us a house, but not a home;  
A bed but not sleep;  
Status and fame, but not inner confidence and lasting security;  
Comfort, but not peace.

All our possessions are useless at the moment of our death.  
All that we take to eternity is the love that we have sowed and  
the life we lived before our God and neighbours.



***"For what will it profit a man if he gains the whole world and forfeits his soul"*** (Matthew 16:26)

## **REMEMBRANCE DAY**

At the eleventh hour of the eleventh day of the eleventh month each year we pause to remember all those who have fought for their countries in war. On this day, known as Remembrance Day or Armistice Day, we honour those who have died with a minutes silence and pray for peace in our world.



*They shall grow not old, as we that are left grow old;  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them.  
Lest We Forget.*

As you pause to remember next Wednesday, I encourage you to pray for all those who fight for freedom, live in conflict zones and make decisions that can bring peace to our world.

## **DAY FOR DANIEL**

On Friday we joined with the rest of Australia in acknowledging 'Day for Daniel'. It was great to see lots of students adding something red to their school uniform (t-shirt, socks, shoelaces, ribbons) and red balloons all over the school.

All classes revisited the key safety messages of the Daniel Morcombe Child Safety Curriculum - Recognise, React, Report.



## FOOTY FUN

Soccertober has come and gone, the grand finals have been played and won, but footy fever is just hotting up. State of Origin started last night.

We are having a dress-up day and raffle to celebrate. Students are invited to come dressed in their 'team' colours on Wednesday 18 November (the day of the third game). All footy codes welcome - soccer, AFL, rugby league or rugby union.

The raffle will be drawn on Wednesday 18 November. Prizes include two signed Queensland State of Origin footballs, kindly donated by the Parkinson family. All money raised will be donated to the Missions.



## THIS SUNDAY'S READINGS:

Wisdom 6:12-16

Wisdom comes to those who are worthy.

1 Thessalonians 4:13-18

God will raise up those who have died in Jesus.

Matthew 25:1-13

Parable of the ten bridesmaids.

For weekly Gospel readings, reflections and meditations go to <http://www.prayasyoucan.com.au/>

Download this week's parish bulletin @ <https://rok.catholic.net.au/parish/mackay-st-josephs/#>

For Parish News, updates and to book for weekend Masses go to the ***Catholic Parishes of North Mackay and Farleigh*** Facebook page.

Share in Daily Mass from St Joseph's Cathedral @ [https://www.youtube.com/channel/UCQeYD6B2cSvFb4zqStn\\_Brg](https://www.youtube.com/channel/UCQeYD6B2cSvFb4zqStn_Brg)

## MONSTER CHRISTMAS RAFFLE

There will be no NORFAIR this year, but our parish is selling tickets in an amazing raffle. With a **First Prize of \$10 000**, tickets are great value at \$5.00 each. The raffle will be drawn on Saturday 12 December, just in time for Christmas. Tickets are available from St Joseph's Parish Office (Monday - Friday 9am to 2:30pm - phone 49574855) or from Maria at Farleigh (phone - 0423 513 288).



## VIRTUE OF THE FORTNIGHT – PURPOSEFULNESS

Being purposeful is having a clear focus, instead of being unsure of what you are doing or why you are doing it. You are acting purposefully when you have a goal you are working toward. You concentrate your mind and your efforts to achieve your goal. You have a positive attitude and don't let obstacles stop you from doing what is important. Some people just let things happen. A purposeful person *makes* things happen.

***“If you don't know where you are going, any road will get you there.”*** (Lewis B Carrol)



**GOD IS WITH US AS WE LIVE LOVE  
LEARN IN A COMMUNITY OF FAITH**

**Noeleen Kliese**  
*Assistant Principal Religious Education*

## OPTI-MINDS SUCCESS

Congratulations to our five Opti-MINDS teams who all worked very hard last term participating in a somewhat different Optiminds Challenge due to COVID restrictions. This year's theme was Resilience and many of these students displayed this characteristic as they navigated their way through the team work; problem solving and creativity required to successfully fulfill the requirements of this year's challenge.

Despite not being able to join other Regional teams at a culminating event, all teams enjoyed supporting each other on a weekly basis at school, all students were a delight to work with and it was a pleasure to spend my Sunday mornings watching them collaborate; co construct, support and encourage each other to use their gifts and strengths to develop the best possible solution to the group's chosen challenge. Each team invested their personal time during the week and on Sunday mornings to prepare themselves for this outstanding result. Well done to all teams below!

Congratulations to Team 5 for receiving HONOURS, all of these Team Members were presented with their certificates at last week's Assembly.

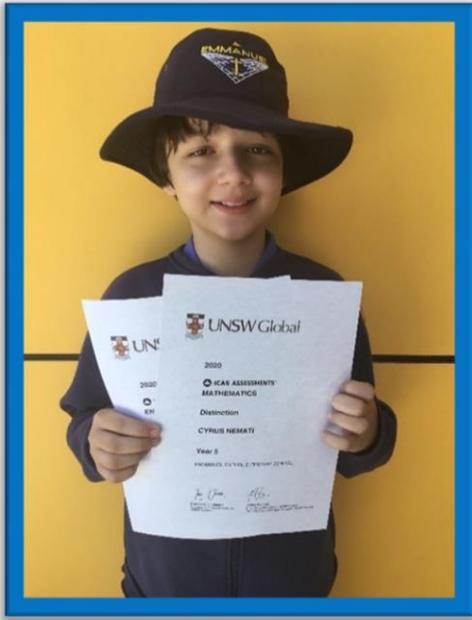
TEAM 1	TEAM 2	TEAM 3	TEAM 4
<b>Transformers</b>	<b>The Arachnids</b>	<b>Young Minds</b>	<b>Girl Power</b>
Katie Prince Hayley Goldberg Edie Smith Amelia Dolphin Artaya Ridley	Cyrus Nemati Lincoln Morgan Bindert Hovinga Connor Reynolds Alvin Anuji	Jaxon Chammen Henry Lawrence Zane Armstrong Brendan Scriha Xavier Chivers	Keeley Crowe Zahli Herring Masey Kelly Sienna Hamilton Annika Wallace Madelyn Shepherd

Of course, none of these successes happen without many other helpers. Thank you to all the parents who transported students to practice sessions last term and helped with encouragement at home. Thank you also to the following teachers; Mr Steel; Miss Kirwan; Mrs Kerr and Miss Casey who facilitated these groups and had to apply the most difficult skill that a teacher is ever asked to do - resist solving any of the problems for them so they can grow as creative learners themselves!



## ICAS Achievements

Congratulations to all of the Year 5 and 6 students who participated in the ICAS Literacy and Numeracy Competitions last term. All of these students are to be commended on their commitment and dedication to their learning and their willingness to challenge themselves. Many of the students pictured below received excellent results, with several students achieving participation, credit, and merit awards all of which they can be very proud. A special mention must also go to Cyrus Nemati for achieving a Distinction in the Mathematics putting him in the top 10% of all participants nationwide.



**Janine Refalo**  
*Assistant Principal Curriculum*

## Music News

Congratulations to the following students who have achieved a Certificate of Excellence in Music last week:



**Year 3** – Brody Walmsley, Ava Benz, Zara Hegerty

**Year 4** – Jasmine Craig, Elliott Garnham, Colby Smith

**Year 5** – Edie Smith

**Linda Miller**  
*Music Teacher*



# MISSION CHAMPIONS 2020

At Assembly on Friday, we announced and acknowledged our 2020 Mission Champions. These students consistently show their love for God and others in the way they greet, speak to and treat everyone in the school community. They honour our Core Values (respect, dignity, love, justice, honesty, faith) and practise virtues like kindness, generosity, helpfulness and consideration. Their words and actions Make Jesus Real and reinforce that God is truly with us at Emmanuel.



Student	Class	Reason chosen as Mission Champion
Noah D	Prep G	Noah shows his love for God and others by always looking for ways to help his teachers and classmates. He is kind and thoughtful and includes and encourages others. His beautiful manners and happy smile are always appreciated.
Isabella S	Prep J	Isabella shows her love for God and others by being a kind and welcoming member of our class. She is tolerant, patient and is always friendly. She consistently demonstrates the Spirit of Jesus through her words and actions and is a wonderful model for her peers. Congratulations Isabella!
Mikito N	Prep S	Mikito shows his love for God and others in the way he cares for his classmates. He is always willing to help his friends in need. He is kind, respectful and compassionate. Thank you for always being a 5-star friend.
Austin J	1C	Austin shows his love for God and others through his thoughtful interactions with everyone around him. Thank you for treating everybody with kindness and respect. You are a wonderful role model for your peers, Austin. Well done!

Claudia D	1M	Claudia shows her love for God and others by being sensitive to the needs of her friends. She shares her time and friendship with everyone and displays the virtues of friendliness, kindness and helpfulness. Thank you for always looking out for others. Well done!
Lotti C	1T	Lotti shows her love for God and others by treating everyone with kindness and friendship. She is always willing to lend a helping hand to anyone in need. Thank you for always demonstrating compassion, respect and encouragement towards your peers. Well done Lotti!
Amber H	2B	Amber shows her love for God and others through her kind gestures towards her classmates. She shows the virtues of understanding and compassion and continually puts her friends needs before her own. Thank you for being a caring friend Amber.
Arki M	2M	Arki shows her love for God and others by treating everyone with respect and dignity. Thank you for always displaying the virtues of compassion, helpfulness and encouragement. You are a wonderful role model for your peers. Well done, Arki!
Evie T	2R	Evie shows her love for God and others in the way she treats everyone with respect and kindness. Thank you for always displaying the virtues of compassion, friendliness and helpfulness. You are a wonderful role model for your peers, Evie. Well done!
Talia K	3M	Talia shows her love for God and others by treating all those around her with kindness and respect. She comes to school with a smile on her face everyday and brightens our classroom with her cheery disposition. Congratulations Talia on being a great role model for your peers and honouring the words and actions of Jesus.
Rhys H	3P	Rhys shows his love for God and others by always treating others with respect and kindness. He is always friendly, compassionate and thoughtful in every aspect of his day. Thank-you Rhys for making Jesus real in all you do.
Isabella L	3W/D	Isabella you show your love for God and others by treating all those around you with love, kindness and respect. You are always conscious of how your actions impact others and have a very compassionate heart. Your kind and caring nature makes Jesus real in our lives at Emmanuel. Thank you for sharing your friendliness and consideration in a caring and generous way.
Jasmyn C	4E	Jasmyn you show your love for God and others in the way you care for your peers. You demonstrate the virtues of kindness, compassion and caring for those around you both inside and outside the classroom. You make Jesus real everyday through your actions. Jasmyn you are a great role model. Well done!
Laila S	4S	Laila shows her love for God and others by serving the needs of others. She shows empathy, compassion and kindness to everyone in our learning community. Laila strives to brighten people's day with a helpful gesture, cheery greeting or thoughtful check in to see if people are okay. She honours the words and actions of Jesus in all that she does.
Hudson S	4W	Hudson shows his love for God and others by always being supportive of his peers as well as congratulating them on their efforts. He comforts people when they are sad and offers encouragement when they need some motivation to complete tasks. Hudson, you are indeed a friend to everyone.

Zahli H	5C	Zahli shows her love for God and others in kind and thoughtful ways. She is enthusiastic, respectful and compassionate. Zahli's positive attitude and the ways she greets, treats and speaks to others, makes Jesus Real in our classroom.
Catherine L	5F	Catherine shows her love for God and others in the kindness she shows her peers and teachers. She quietly helps others without expecting something in return. Catherine makes Jesus real every day and is a shining example for others to follow.
Mia C	5K/C	In her quiet way, Mia shows her love for God each day, by her gentleness and kindness to everyone around her. Her values shine through in her interactions with others and in the way she always gives of her best. You bring joy to us every day Mia.
Sophia L	6K	Sophia shows her love for God and others in the quiet way she includes, encourages and helps everyone around her. She is sensitive, considerate, respectful and kind. Sophia is a thoughtful friend, classmate and student leader.
Tori D	6S	Tori is a caring and kind individual who reflects Jesus' teachings everyday. She is a trustworthy and considerate friend who her peers can always rely on to be there for them with a smile.
Katie P	6W	Katie shows her love for God and others each day, through her generosity and willingness to help around the school. Her kindness and compassion brings joy to everyone around her. Katie is a great friend and role model to her peers and shows good example to the younger students.

# Virtue Vouchers

Term Four - Week Three



## Finance News

### SCHOOL FEES

Term 4 School Fee Statement was emailed home to all families on Tuesday, 13 October. The Statement is also available via Parent Lounge.

School  
F E E S

As the economic impacts of the COVID-19 is being increasingly felt by our school communities, Catholic Education - Diocese of Rockhampton is offering a range of concessions to our families. If you have an eligible government health concession card, Job Seeker (JS) or Farm Household Allowance (FH), you are eligible for a 100% discount on the tuition levy component of the School Fees.

Families without a concession card, but who are experiencing financial stress are encouraged to contact the Principal, Geraldine Rostirolla as fee concessions are available. Please contact the finance office to discuss any of the above matters further, or if you have any other queries.

### 2021 FAMILY DISCOUNT FORMS

#### 2021 Family Discount

The 2021 Family Discount/Confirmation of Enrolment 2021 form went home today with the eldest student in each family. (These forms were on yellow paper).

This document is required in order for families to receive their Family Discount in 2021. **Please ensure you complete the form based on students year level and school in 2021.** The form needs to be returned to the classroom teacher by **Friday, 13<sup>th</sup> November.** It is a requirement that even **single student families** complete and return the form. If you have any queries, or have not received your form, please contact Therese or Robyn in the Finance Office.

**Therese Mattes**  
Finance Secretary



DROP



GO

A few reminders to parents with regards to Stop, Drop and Go

- Ensure your family name tag is attached to your sun visor for quick clear identification for teachers to alert your child.
- Please DO NOT vacate your vehicle. If you need to buckle your child into a car seat or remove items from the boot of your car, you are asked to park in the parallel parks provided.
- When dropping children off to school in the morning, parents are reminded that the entire footpath is a drop-off zone, not just the area at the top of the Stop, Drop, Go. By this stage of the year, all students, including Prep are more than capable of walking along the path behind the safety fence into the school grounds. Also, students should be independent enough to vacate their car without the help of a teacher, as staff will not always be available in the Stop, Drop, Go area. By not using the entire pathway to drop children to school, traffic is significantly delayed and causes a bank-up of traffic in the line and on the roadway.

Thank you for your cooperation in this matter.

## Tuckshop News

### VOLUNTEER ROSTER - TERM 4 WEEK 6

Mon 9 November: Katie Murphy  
Tues 10 November: Mel Hudson  
Wed 1 November: **HELP WANTED**  
Thur 12 November: Paul Johnston  
Fri 13 November: Meggs Weissman  
Asinate Waqa



Angie McGowan/Carly Nicholas  
*Tuckshop*



## 2021 PREP STUDENTS ORIENTATION

### MONDAY 30 NOVEMBER 2020

An orientation session for students commencing Prep in 2021 at Emmanuel Catholic Primary School will be held from 9am - 10:30am.

Please note, due to Covid restrictions the Parent Information Evening scheduled for Wednesday 11 November will no longer occur. An information session for parents will be conducted at the same time as the student orientation on the morning of Monday 30 November from 9:00 - 10:30am.

We request that only one parent attends this session to assist us in maintaining our Covid Safe plan.

# facebook

Stay connected with us by following our Facebook page for regular updates, photos and stories.

## ABSENT FROM SCHOOL HOTLINE



**49948256**



DIRECT LINE - AVAILABLE 24 HOURS A DAY

WHEN YOU CALL YOU WILL BE ASKED FOR THE FOLLOWING INFORMATION:

YOUR NAME, STUDENT'S NAME, CLASS, DATE OF ABSENCE, REASON FOR ABSENCE

**TODAY'S THE DAY  
TO HAVE A BLAST!**



**MACKAY CRICKET  
NORTH OF THE RIVER  
POP UP BLAST PROGRAM!**

**START:** Monday 16<sup>th</sup> Nov. (4-week program)

**WHERE:** Northview State School

**TIME:** 3.45pm to 4.45pm

**AGE:** 5-8

**COST:** \$40.00

*\*Participants receive a Program Pack!\**



TO REGISTER VISIT [PLAYCRICKET.COM.AU](http://PLAYCRICKET.COM.AU) & SEARCH  
MACKAY CRICKET ASSOCIATION

For more information, please contact Bo @ [Bo.Saunders@qldcricket.com.au](mailto:Bo.Saunders@qldcricket.com.au)



**MACKAY  
CRICKET**  
EST. 1891

# HAVE A BLAST!

## GIRLS ONLY POP UP BLAST PROGRAM!

**START:** Friday 13<sup>th</sup> Nov. (4-week program)  
**WHERE:** Harrup Park, South Mackay  
**TIME:** 4.00pm to 5.00pm  
**AGE:** 6-12  
**COST:** \$40.00

\*Participants receive a Program Pack!

\*Free Come & Try – Friday 6<sup>th</sup> November 4pm @ Harrup Park\*



OFFICIAL KIDS PROGRAM



MACKAY CRICKET EST. 1981



TO REGISTER VISIT [PLAYCRICKET.COM.AU](http://PLAYCRICKET.COM.AU) & SEARCH MACKAY CRICKET ASSOCIATION

For more information, please contact Luke @ [luke.kennedy@qldcricket.com.au](mailto:luke.kennedy@qldcricket.com.au)





**Join the fun!**

## 2020 GIRLS ONLY PROGRAMS – MACKAY

MCA JUNIOR GIRLS ONLY CRICKET PATHWAY

 <p><b>POP UP BLAST</b></p> <p>INTRODUCTION TO CRICKET</p> <p>LEARNING THE SKILLS</p> <p>AGE: 5-12</p> <p>DURATION: 1 HOUR</p> <p>GAME DAY: FRIDAY</p> <p>FUN, GAME-BASED ACTIVITIES</p> <p><small>VISIT PLAYCRICKET TO FIND CLOSEST PROGRAM</small></p>	 <p><b>MASTER BLASTERS</b></p> <p>GIRLS ONLY DIVISION (SHORT BALL, NO PROTECTIVE GEAR)</p> <p>LEARN THE GAME</p> <p>AGE: 8-12</p> <p>DURATION: 2 HOURS</p> <p>GAME DAY: FRIDAY</p> <p>QUALIFYING SKILL</p> <p><small>BOWL WITH A STRAIGHT ARM OVER THE WICK</small></p> <p><small>VISIT PLAYCRICKET TO FIND CLOSEST CLUB</small></p>	 <p><b>HEAT GIRLS LEAGUE</b></p> <p>ALL GIRLS COMPETITION (SHORT BALL, PROTECTIVE GEAR)</p> <p>AGE: 11-17</p> <p>DURATION: 2 HOURS</p> <p>GAME DAY: FRIDAY</p> <p>QUALIFYING SKILL</p> <p><small>BOWL WITH A STRAIGHT ARM OVER THE WICK</small></p> <p><small>VISIT PLAYCRICKET TO FIND CLOSEST CLUB</small></p>
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For more information about the MCA Junior Girls Only Pathway, please contact Luke [luke.kennedy@qldcricket.com.au](mailto:luke.kennedy@qldcricket.com.au)

VISIT [PLAYCRICKET.COM.AU](http://PLAYCRICKET.COM.AU) TO FIND YOUR CLOSEST CLUB!

\*All Mackay Junior Girls Only Pathway Programs are played on Friday evenings at Harrup Park



**GIRLS ONLY FREE COME & TRY SESSION!**

**WHERE:** Harrup Park Country Club  
**WHEN:** Friday 6<sup>th</sup> November  
**TIME:** 4.00pm to 5.00pm  
**AGE:** 5-17

For more information contact Luke @ [luke.kennedy@qldcricket.com.au](mailto:luke.kennedy@qldcricket.com.au)  
 Entrance to the come & try session is via Bridge Road