



newsletter

10 June 2021

Term Two

**ASSEMBLY
FRIDAY
9:15AM**

**Peer Support
Friday Mornings**

**Emmanuel's Biggest
Morning Tea
11 June**

**"Think U Know" QPS
Talk
15 June at 6:30pm**

**Mackay Show
Holiday
17 June**

**Athletics Carnival
23 June**

**Last Day of Term
25 June**



Dear Parents,

As a woman, mother-figure and Principal, I am fortunate to regularly receive one of the greatest gifts children bring us, that of joy. Likewise, we adults can bring joy to children. The children here at Emmanuel are beautiful human beings and they bring us, the staff, much joy. It is a regular occurrence for me to receive compliments about the children in our school – how polite they are, how nicely dressed, how well behaved, how they sing so well, how they speak to adults without timidity, how reverent they are in Church. The children in our school always appear so joy-filled.

Joy has been described as the highest expression of a soul filled with God's love. In 2008 when the Dalai Lama addressed the people of Australia, he had a common message: "If our mental outlook is weak, even the best facilities won't bring us happiness in life. If you remain a compassionate person, honest and truthful, you will have inner strength, happiness and contentment."

From a Christian perspective, we would agree that when we practise virtues in our lives, we build enduring character traits, qualities of the human spirit, the presence of God amongst us. Kindness, compassion, love, courage, friendship, peace, wisdom, dignity, patience, love – all lead us to inner joy. It is an inner sense of peace and happiness.

Life is a gift; it is ours to enjoy. However, we cannot control the outer circumstances of our lives – our health, livelihood, friends and family. Life creates an obstacle course of some sort for everyone. What we can do is learn to control our reactions to these events. We can choose what to think and what to do about the events life deals us. Some in society (through its advertising, television programs, celebrity etc) would have us believe that life has to be perfect before we can be happy. As parents, our natural reaction is to endeavour to solve the problems confronting our child/ren. But there is no such thing as a problem-free life. If we wait for life to be problem-free, we'll never get to be joyful! Joyfulness is not the absence of problems – joyfulness is the attitude we carry regardless of our problems.

The wise author, Kahl Gibran tells us that "The deeper that sorrow comes in your life, the more joy you can contain. Is not the cup that holds your wine, the very cup that burned in the potter's oven?" Mother Teresa once said, "We may not be able to give much but we can always give the joy that springs in the heart that is in love with God", as she ministered to the dying in the streets of Calcutta. What then breeds joy? How can we be joyful people and not people of anger and frustration?

Perhaps we can look "inside" for joy. Enjoy what we are doing. Appreciate the positives in our lives and the gifts within ourselves. Have a good sense of humour. Find creative, inexpensive ways to enjoy life. Feel an inner sense of peace when things are tough. And most of all, appreciate and love the joy which our children bring us on a daily basis.

"My heart is singing for joy this morning. A miracle has happened! The light of understanding has shown upon my pupil's mind, and behold, all things are changed."
(Anonymous - A Teacher)

Wishing you every blessing for the coming week,

Geraldine Rostirolla
Principal

I WANTED TO CHANGE THE WORLD – A REFLECTION

When I was a young man, I wanted to change the world.

I found it was difficult to change the world, so I tried to change my nation.

When I found I couldn't change the nation, I began to focus on my town.

I couldn't change the town and as an older man, I tried to change my family.

Now, as an old man, I realize the only thing I can change is myself. I realize that if long ago I had changed myself, I could have made an impact on my family. My family and I could have made an impact on our town. Their impact could have changed the nation and I could indeed have changed the world.

(Author Unknown)

This story reminds me of the movie “*Evan Almighty*.” Newly elected Congressman Evan Baxter wanted to change the world. He prayed to God to give him the opportunity. God listened to and answered Evan’s prayer.....but not quite the way Evan thought He would. After lots of twists and turns, the building of an ark and a very big flood, Evan realised that the best way to change the world was one **Act of Random Kindness** at a time.

MJR – MAKING JESUS REAL AT HOME AND SCHOOL

Not all of us can do great things. But we can do small things with great love. (Mother Teresa)

MJR emphasises the spirituality of the everyday, so lots of the things we do each day and week are Making Jesus Real in the world today. Every time we greet, speak and treat others with respect and kindness; use good manners; welcome, encourage and include others; say ‘Sorry’ and ‘Thank you’; take responsibility for our words and actions; and treat those around us how we would like to be treated, we share the love of Jesus and live as He taught us to.

What will you do this week to Make Jesus Real in your home, workplace and community?

How is your ARK going?

I can do things you cannot, you can do things I cannot; together we can do great things for God.

(Mother Teresa)



As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness and patience.

(Colossians 3:12-14)



EMMANUEL'S BIGGEST MORNING TEA

FRIDAY 11 JUNE - 10:30am

EMMANUEL'S BIGGEST MORNING TEA WILL BE HELD TOMORROW. ALL WELCOME! It will take place in the playground between the Library and Year Two/Prep building at 10:30am. Please bring a chair or rug and morning tea to share with your children.

REMEMBER: It is a free dress day and all students and parents are encouraged to wear **pink, blue, yellow** or **black** and to bring a gold coin donation.

Lots of children have been buying and wearing cancer awareness badges this week. They will also be on sale tomorrow. Badges are \$2.00 each.

SACRAMENTAL PROGRAM

Please pray for our students who have enrolled in the Sacramental Program.

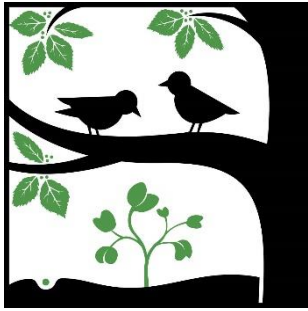
Calendar of Events - Term Two and Three 2021		
Family Workshop (Penance)	Wednesday 9th June 7:00pm or Sunday 13th June 10:15am	St Joseph's Church
Sacrament of Penance	Tuesday 22nd June 3:30pm - 5:00pm	St Joseph's Church
	Wednesday 23rd June 3:30pm - 5:00pm	
	Thursday 24th June 3:30pm - 5:00pm	
Family Workshop (Eucharist)	Wednesday 14th July 7:00pm or Sunday 18th July 10:15am	St Joseph's Church
Retreat	Sunday 29th August 2:00pm	St Joseph's Church
Celebration of First Communion	Saturday 4th September (6:00pm Mass) Saturday 4th September (6:00pm Mass) Sunday 5th September (9:00am Mass) Sunday 5th September (7:30am Mass)	St Brigid's Church St Joseph's Church St Joseph's Church St Brendan's Church

VIRTUE OF THE FORTNIGHT – EXCELLENCE

Excellence is the unlimited ability to improve the quality of what you have to offer. (Rick Pitino)

When you practice excellence, you are not content to give less than your best. You use your gifts and talents to improve, learn from your mistakes and strive to be your best self. Rather than striving to get everything just right, you strive to excel in your own way

Excellence is not a skill. It is an attitude. (Ralph Marston)



THIS SUNDAY'S READINGS:

Ezekiel 7:22-24

The Lord will plant the crest of the cedar.

2 Corinthians 5:6-10

While in the body we are away from the Lord.

Mark 4:26-34

Parable of the mustard seed.

For weekly Gospel readings, reflections and meditations go to <http://www.prayasyoucan.com.au/>

Download this week's parish bulletin @ <https://rok.catholic.net.au/parish/mackay-st-josephs/#>

For Parish News, updates and to book for weekend Masses go to the **Catholic Parishes of North Mackay and Farleigh** Facebook page.

Share in Daily Mass from St Joseph's Cathedral @ https://www.youtube.com/channel/UCQeYD6B2cSvFb4zqStn_Brg



Noeleen Kliese
Assistant Principal Religious Education

Curriculum Corner

Emmanuel Catholic Primary Strategic Priorities 2020 – 2022

<p style="text-align: center;">Catholic Identity and Ethos </p> <p>Strategic Priority 1.1 For all members of the school community to continue to strive and maintain Emmanuel as a dialogue school through the traditions and practices; celebrations; teaching and learning.</p> <p>Goal <i>Implementing Catholic Social teaching and service learning within the Curriculum.</i></p>	<p style="text-align: center;">Effective Teaching and Learning (NSIT Domains 2,5,6,7,8)</p> <p>Strategic Priority 2.1 That our school has a culture of data informed practice where every student is engaged and learning successfully in their own ways at their own pace.</p> <p>Goal <i>To improve student learning outcomes in Mathematics as we build teacher capacity to collect, analyse and respond to data with a focus on student engagement and surface, deep and transfer learning.</i></p> <p>Strategic Priority 2.2 That our school has a feedback culture of continuous improvement which builds a schoolwide team of professional highly able teachers who use data and evidence-based teaching strategies to support deep student learning.</p> <p>Goal <i>All teachers will collaboratively plan and focus on embedding the Inquiry approach to Spelling across all year levels.</i></p>
<p style="text-align: center;">Pastoral Support and Wellbeing (NSIT Domain 3)</p> <p>Strategic Priority 3.1 To enhance student learning and well-being outcomes through the development of a school well-being framework.</p> <p>Goal <i>For all teachers across Years 4-6 to build their knowledge of the "Be You – Mentally Healthy Communities" survey.</i></p>	<p style="text-align: center;">Leadership, Partnerships and Resourcing (NSIT Domains 1,4,9)</p> <p>Strategic Priority 4.1 That deliberate and strategic school community partnerships are developed to enhance teacher understanding of flexible learning and collaborative teaching environments.</p> <p>Goal <i>During 2021, students will participate in flexible inquiry-based Problem Solving and Reasoning lessons, which have been collaboratively planned and administered by their teachers.</i></p>

Year 6 Writing

Last week saw the students of Year 6 respond to a demand writing task titled LOST. The title provided a thought provoking image and our little creative writers went to work. Here are some examples of what they created.....

My heart is beating slower and slower, my eyelids getting heavier with every second, the urge to stop and rest was never ending. The sounds were biting into my skin. Blisters covered my feet and sweat poured down my face. I felt like I was a starving tiger stalking its prey with no hope of living. As midnight struck, I collapsed into a deep sleep.

- *Artaya 6TR*

I sprinted towards the forest with rocks stabbing my feet. I could feel the cold air burn my throat and the sun hurt my eyes. I could hear my heart beating 10 times faster than it usually does. I was huffing and puffing but no sight of him. I could feel a part of me wanting to go back but mostly wanting to know more. I was confused and lost.

- *Ava 6TR*

I was lost, stranded and drenched. It was dark, pine trees surrounded me. It was like a prison but built by trees. There was only one way out..... it was a dirt path covered with a layer of moss. It looked like it was never ending. I was hesitant to walk down it.....

- *Chevy 6TR*

Driving in the car, singing along to radio songs, Nira felt like the luckiest kid in the world. Then... a deer, swerving, shattered glass, broken hearts. Parents gone. Life, near impossible. Nira ran into the woods, cheeks red from tears stinging her face. Suddenly she froze. Her eyes still wet with freshly fallen tears, she took a moment to let her eyes adjust to the dark and gloom. She took a deep breath but all she could smell was the sickening stench of rotting trees, moss and sap. It was overwhelming.

Nira felt her stomach churning as a feeling of realization enveloped her as she realized she was alone, no-one to love here in the mist and shadows of the never ending maze. She decided to start walking to see if she could find a place to rest and consider her options. After half an hour, she finally found sound clear, uneven ground to sit down on.

- *Zahli 6K*

Opti-MINDS

Please be reminded that those students wishing to participate in Opti-MINDS this year need to return permission notes to the office.

Janine Refalo
Assistant Principal Curriculum

Maths Olympiad

LAST WEEK'S ANSWER: 214

THIS WEEK'S MATHS OLYMPIAD:

Ethan is thinking of a four-digit counting number. The thousands digit is different to the hundreds digit. The hundreds digit, the tens digit, and the ones digit are the same. The sum of the digits is 28. Ethan's number is prime. What is Ethan's number?

Answer in next week's newsletter!

AEROSOL DEODORANTS

A reminder that students are permitted to bring roll – on deodorant to school, but **AEROSOL DEODORANTS** are **NOT PERMITTED**. Roll on deodorant is preferred as spray deodorants could be accidentally sprayed on to other students. Thank you for your support in this matter.

Think U Know – Cyber Safety Talk



The poster features a background image of a child lying on their stomach using a tablet. The text is overlaid on this image. At the top left is the 'THINK U KNOW .org.au' logo. The main headline asks 'Comfortable talking to your kids about technology and the internet?'. Below this, it states that a presentation will take place on Tuesday 15 June 2021 at 6:30pm at Emmanuel Catholic Primary School, Marist Centre. A list of topics to be covered includes online safety, challenges, and reporting procedures. The bottom of the poster includes a website link and logos for partner organizations like AFP, DMACOM, and Microsoft.

THINK U KNOW
.org.au

Comfortable talking to your kids about technology and the internet?

A ThinkUKnow cyber safety and security presentation will take place on

DATE: Tuesday 15 June 2021 at 6:30pm

**LOCATION: Emmanuel Catholic Primary School
Marist Centre**

The session will cover:

- What young people SEE, SAY and DO online
- The challenges they may face
- How to report and get help if things go wrong

Visit www.thinkuknow.org.au for more information about online safety and security.

OUR PARTNERS: AFP, DMACOM, Microsoft

A "Think U Know" Cyber Safety Talk will be held at the Marist Centre, Emmanuel on Tuesday 15 June 2021 at 6:30pm. This will be presented by Sgt Nigel Dalton and Senior Constable Steve Smith of QPS.

Parents are strongly encouraged to attend this free event. Please book your ticket [here](#).

Amanda McDonald
Assistant Principal Administration

Interhouse Athletics Carnival

PROGRAM FOR ATHLETICS CARNIVAL:

Please see attached to this email the program containing information relating to the Athletics Carnival including approximate event times.



Sausage Sizzle Wednesday 23 June

TUCKSHOP WILL NOT BE RUNNING AS USUAL, INSTEAD A SAUSAGE SIZZLE WILL BE HELD, WITH ORDERS TO BE PLACED VIA QUICKCLIQ.

PLEASE SEE NEWSLETTER FOR MORE INFORMATION

The tuckshop will not be running as usual on Wednesday 23 June. This year we will be having a Sausage Sizzle. Sausages will be \$2 each. Parents are asked to please order the number of sausages required **PER FAMILY** via QuickCliq. PLEASE NOTE: There is no charge through QuickCliq – cash payment is due on the day using small notes and gold coins. Orders can be placed from Monday 14 June to Friday 18 June via QuickCliq.

Families who have not yet used QuickCliq are asked to register and create an account. www.quickcliq.com.au Instructions of how to use QuickCliq is attached to this Newsletter email.

Virtue Vouchers

Term Two Week Seven

6T/R	Max Matilda	4S	Loki Dorothy	2C	Gabriella
6S	Sebastian Mia	4E	Zara	1T	Hunter
6K	Vincent	3W	Franske	1M	Sienna
5W	Janice Charli	3H/B	Fraser Candice	1J	Paige
5S	Henry Mia	3B	Indi Beau	PS	Charlotte
5C	Abbey Abigail	2M	Tayah Amelia	PJ	Finn
4W	Bonnie Penny	2R	Declan Lincoln	PG	Kaylee Amity Harry



ASSEMBLY FRIDAY 9:15AM

DUE TO PEER SUPPORT
FRIDAY ASSEMBLY WILL BE
HELD AT 9:15AM FOR THE
REMAINDER OF
TERM TWO.



PARENT SURVEYS OPEN NOW

School satisfaction surveys are now open and have been emailed to the email address parents have provided to the school.

We strongly encourage all families to complete the survey so as to inform our decision making for the future.

Surveys close on FRIDAY 18 JUNE 2021.

LOST PROPERTY

Reminder to check the lost property box for any lost items.

Any items not collected by Thursday 24th June will be donated.

Please encourage your child to check for any items they may be missing.

FINANCE

School Fees

Term 2 school fees are now **overdue**. We would like to thank those families who have paid. However, if you have not paid your account, it would be appreciated if you could do so immediately. If you are experiencing difficulties, please contact Therese in the finance office.

Tuckshop News

VOLUNTEER ROSTER TERM 2 WEEK 9

Monday 14 June:	Wendy Hovinga-Kila
Tuesday 15 June:	Mel Hudson
Wednesday 16 June:	HELP WANTED
Thursday 17 June:	Show Holiday
Friday 18 June:	Mark Ayles
	HELP WANTED
	HELP WANTED



CAN YOU HELP US?

Can you help?

WE ARE IN URGENT NEED OF TUCKSHOP VOLUNTEERS, WITHOUT THIS HELP WE ARE UNABLE TO PROVIDE LUNCHES TO OUR STUDENTS ON TIME.

PLEASE CONTACT THE OFFICE ON 4942 5999 IF YOU CAN HELP US.

We are currently experiencing a very large volume of orders through our tuckshop, which is great, however due to many of our volunteers unable to commit due to work commitments and unwell family members we have been struggling for volunteers to help us fill the orders on time.

So, we are calling for more people to volunteer just a few hours of their day, or once a month to assist in the tuckshop. We provide lunch, it's a friendly environment and the children love to see a parent or grandparent at break times.

Please phone the office if you can be of help.

PLASTIC CUTLERY

Plastic cutlery is supplied with all hot meals, pies, yoghurts, custards and fruit cups. The cutlery is available to those who have forgotten to bring their own items with lunch bought from home. However, this is at a cost of 10c per item.

Angie and Carly
Tuckshop

ABSENT FROM SCHOOL HOTLINE



49948256



DIRECT LINE - AVAILABLE 24 HOURS A DAY

WHEN YOU CALL YOU WILL BE ASKED FOR THE FOLLOWING INFORMATION:

YOUR NAME, STUDENT'S NAME, CLASS, DATE OF ABSENCE, REASON FOR ABSENCE

facebook

Stay connected with us by following our Facebook page for regular updates, photos and stories

WHERE THE DIFFERENCE IS YOU

Teacher Assistants

St Mary's Catholic Primary School, Mackay

Applications are invited from suitably qualified and enthusiastic persons for the following positions.

- Teacher Assistant (Term-Time contract, 27.5hpw, 9 August 2021 until 3 December 2021)
- Teacher Assistant (casual, commencing 12 July 2021)

Visit our website and apply today!

www.rok.catholic.edu.au

Applications close 18 June 2021

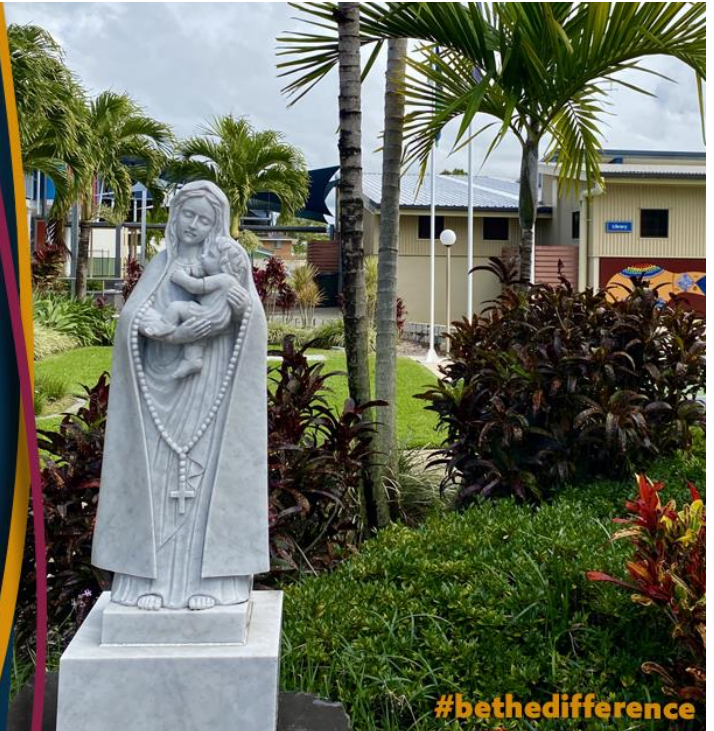
Catholic Education is committed to best practice in student protection policies and procedures. Aboriginal and/or Torres Strait Islander people are encouraged to apply.



**CATHOLIC
EDUCATION**
DIOCESE OF ROCKHAMPTON



ST MARY'S
CATHOLIC PRIMARY SCHOOL



#bethedifference

WHERE THE DIFFERENCE IS YOU

Tuckshop Coordinator and Assistant

St Mary's Catholic Primary School, Mackay

An exciting opportunity exists to join the St Mary's school community in the following positions commencing 12 July 2021 until 3 December 2021.

- Tuckshop Coordinator (16hpw, Wed - Fri)
- Tuckshop Assistant (5hpw, Fri)

Visit our website and apply today!

www.rok.catholic.edu.au

Applications close 14 June 2021

Catholic Education is committed to best practice in student protection policies and procedures. Aboriginal and/or Torres Strait Islander people are encouraged to apply.



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The Courage Project Parent & Carer Information Forum

Date: Friday 25th June

Time: Session 1 – 9:30am – 11:30am,
Session 2 – 5:15pm – 7:15pm

Location: Jubilee Community Centre,
Gordon Street behind MRC
Administration Building.

Refreshments provided

As parents, carers and members of the community, one of the most important things we can do is to educate children and young people to identify when something doesn't feel right, and to talk to a trusted adult without fear of consequences.

The Courage Project have demonstrated experience in the provision of specialist therapeutic services and support for children, young people, adults and family members impacted by child sexual assault. We invite you to join our expert clinicians and local service providers to explore the following topics:

- What is child sexual assault?
- How to respond to disclosure of harm
- Signs and indicators that something isn't right
- Grooming
- Keeping children and young people safe online
- How to support your child

Please RSVP your attendance to Alannah Watts by calling 4953 6600 or email admin@thecourageproject.org by Monday 21st June 2021 @ 4:30pm.

The Courage Project | PO Box 295, Mackay QLD 4740

Email: admin@thecourageproject.org.au | Phone: (07) 4953 6600 | 1800 272 831 bravehearts.org.au

