



newsletter

07 May 2020

Term Two Dates to Remember

Fri 8 May –
Day for Dolly
(wear blue!!)

Sun 10 May –
Mother's Day



Mon 11 May –
Prep & Year One
return to school

Wed 27 May –
National
Simultaneous
Storytime

Fri 26 June –
Last Day of Term

Dear Parents

*"God could not be everywhere at once, so he gave each child a mother."
- Hasidic saying*

Mother's Day is upon us once again, a day to honour the most important person in our lives: the one who gave us birth, brought us through infancy, celebrated each milestone, answered our questions, put up with our misdeeds, and through it all gave us love. My mother did all this for me, and for this I thank her. But as wonderful as these things are, my mother gave me a more wonderful gift still. She raised me to become the person God intended me to be, that I use my life to serve Jesus and my neighbour.

Mum was a great role model for her family. Over the years she taught us countless lessons. Mum was by no means perfect, but what mattered most to her was being a mother. She focussed her whole life on her children and that reflected both a personal desire and her worldview. To her, children were paramount. They deserved happiness and safety and a future full of possibilities. She wanted all of this for her children.

Mum's life was by no means an easy one. The hardworking, pioneering spirit of that generation required everybody in the household to contribute with much energy and time just to make a living. So, too, for our Mother. Raising four children, washing, ironing, cooking, cleaning, gardening, keeping the children clothed, at times did not leave much energy or time for personal projects. Mum always did what had to be done. Life, for her, had more in it than food, shelter and warmth. She lived out the Bible passage about being content with such things as you have. She taught her children the value of life and the real meaning of sacrificial love by demonstrating it with her daily life.

I cannot thank God enough for the love of my mother and for her deep relationship with my father. Even though they could never be called a "perfect" couple, it was obvious to us children that our parents loved God, each other and each one of us. Not a day goes by that I don't think of my mother and thank God for the privilege of having shared my life with her. Although her passing leaves a tremendous hole in our family; her life, suffering and death will challenge and inspire us all for the rest of our lives. For those of you who are blessed enough to still have your mums, take this opportunity to tell those you love how much you appreciate having them in your lives, for you never know how long they will be with you.

HAPPY MOTHER'S DAY to all our mums, grandmothers and mother figures.

Wishing you every blessing for the coming week,

Geraldine Rostirolla
Principal

Religious Education

ONE FOR THE MUMS – A BLESSING

*God bless you when it's Mother's Day
and each day all year through,
God grant that faith and hope and love
will always come to you,
God be your friend, your guiding light,
forever on life's way,
God keep you in His loving care
Today and every day.*



Be sure to check out our school leader's Mother's Day video on the Emmanuel Catholic Primary School Facebook page this weekend. Enjoy!

MONTH OF MARY

On 13 May 1917, Our Lady appeared to three shepherd children at Fatima, Portugal. It was an apparition that was repeated on the 13th of every month, for six consecutive months. Our Lady told the children, "Say the Rosary every day to obtain peace for the world and an end to the war."

Each year around four million pilgrims visit the sacred sites, including the Basilica of Our Lady of Fatima and the Chapel of Apparitions, in and around Fatima. Two of the children, Francisco and Lucia Marto, were canonised by Pope Francis in 2017.

For more information about the apparitions go to:

<https://www.youtube.com/watch?v=XeMq0SpGKrw>

To hear the Our Lady of Fatima song go to:

<https://www.youtube.com/watch?v=KUQ4jgbxNQ>



Pope Francis has asked all Catholics to make a special effort to pray the Rosary this May and has composed two new prayers asking for Our Lady's intercession to help end the COVID-19 pandemic. These prayers can be found @

http://w2.vatican.va/content/francesco/en/letters/2020/documents/papa-francesco_20200425_lettera-mesedimaggio.html

MJR AND CORONAVIRUS

In these uncertain times, it is important to remember that we are all in this together and we need to support and encourage each other. But how do we do that?

Teamwork **A**t **H**ome (TAH) is a great place to start because **T**ogether **E**veryone **A**chieves **M**ore (TEAM). It's all about co-operation, consideration thoughtfulness and kindness - the simple everyday things we do for each other and ourselves.

Teamwork Song (TEAM) @ <https://www.youtube.com/watch?v=-1tv0lrNTKs>



We would love to celebrate with you. If you have any stories about or photos of **TEAM** or **TAH** that you would like to share, please email them to your child's teacher or the school office.

DIOCESAN RESPONSE TO CORONAVIRUS - MASSES AND LITURGIES

As previously advertised Bishop Michael McCarthy has suspended ALL PUBLIC MASSES in the Rockhampton Diocese until further notice.

Share in Daily Mass from St Joseph's Cathedral @ https://www.youtube.com/channel/UCQeYD6B2cSvFb4zqStn_Brg

Below is a simple and loving act of Spiritual Communion that we are called to make in times when we are unable to attend Mass and receive the Eucharist:

<p>My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot at this moment receive You sacramentally, please come spiritually into my heart. As though You have already come, I embrace You now and unite myself entirely to You. Never permit me to be separated from You. Amen.</p>	
<p>Spiritual Communion</p>	

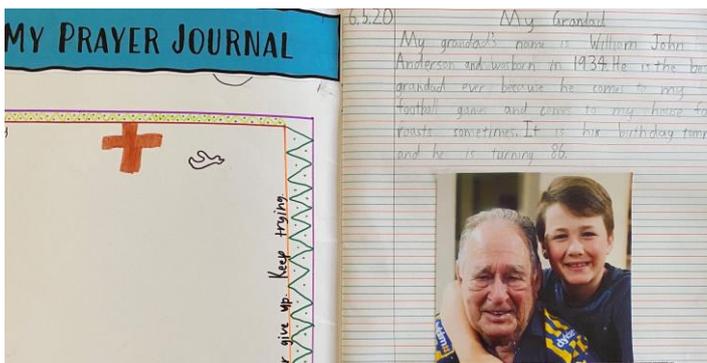
VIRTUE OF THE FORTNIGHT

Believe you can and you're halfway there. (Theodore Roosevelt)

Positivity is being happy and good-natured. It is having a confident and optimistic frame of mind. When we are positive, we enjoy the present moment and don't worry about the future. We focus on doing and achieving and not on difficulties or failure. A positive attitude is one of joy, love and inspiration.

The most important thing you will ever wear is your attitude." (Jeff Moore)

Noeleen Kliese
Assistant Principal Religious Education



	<p>GOD IS WITH US AS WE LIVE LOVE LEARN IN A COMMUNITY OF FAITH</p>
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The logo for 'Curriculum Corner' features the text in a blue, sans-serif font, centered within a yellow, watercolor-style brushstroke background.

Curriculum Corner

LEARNING FROM HOME

It is with much excitement that we look forward to welcoming back the youngest members of our School Community next week. We were delighted to begin the school week with news that our Prep and Year 1 students will return to the classroom next week. It will be lovely to hear of the Learning at Home adventures and to watch the delight on their faces as they are reunited with their friends, teachers and other members of our school community, as teachers we thrive on the energy of your little ones. We ask that with their return all adults follow the guidelines as per communication received yesterday via email in regards to using the Stop, Drop, Go and social distancing measures by all adults to ensure Emmanuel remains safe so as we can welcome the rest of our students back in the very near future.

Week 3 of Learning from Home has seen a continuation of our many families working across three varying platforms, these being paper based home packs; Google classroom and face to face school attendance. As I have monitored Google Classrooms; chatted to parents picking up take home packs and visited classrooms it is clear that all families have adjusted to our “new” normal and are managing each day to the best of their ability to ensure the learning needs of each child at Emmanuel are being met. The work I have witnessed is of a high standard and I am proud of all students completing their literacy and numeracy activities on a daily basis, with many students now engaging in other Learning areas throughout the week. I have enjoyed overseeing many student comments acknowledging teacher feedback or seeking clarification, but most of all viewing the many completed tasks that are sometimes accompanied by a picture of the very proud author; scientist; artist; musician; or mathematician just to name a few is a highlight of each day.

In following up with teachers after their phone calls to families and chatting to parents on a Friday afternoon when picking up paper based resources, it was reassuring to hear that many of you have taken a breath; established routines and are managing the workload to best suit your families needs with many stories of Learning from Home activities being further supplemented with other rich learning tasks of construction activities, cooking as well as many other interest based activities that we don't often have the time to explore. We would like to thank you for your partnership, ongoing support and the vital role you are all playing in ensuring all students will transition back to the classroom very soon with fond memories of their time spent with their families, a time I am sure all will remember very fondly in the years to come.
#allinthistogether

NATIONALLY CONSISTENT COLLECTION OF DATA ON STUDENTS WITH DISABILITY

Attached to this week's Newsletter is an information sheet for all parents explaining Nationally Consistent Collection of Data on Students with Disability. All schools in Australia are required to participate in the 2019 Nationally Consistent Collection of Data on School Students with Disability.

All Australian governments have agreed to work together to implement a new annual national data collection on school students with disability. This data collection process has been phased in over a three year period from 2013-2015.

In 2015, the first full national collection of data on school students with disability occurred in all Australian schools. From then on, this data collection occurs in every school, every year, along with other school data collections.

What does disability mean?

This national data collection reinforces the actions required of schools under the National Disability Discrimination Act 1992 and the Disability Standards for Education 2005. The significant change with this

collection is the use of a broader definition of disability than the one currently used to identify and allocate resources in educational systems. As a result, of this shift in the definition we believe that more students in our community, may be considered eligible for identification in the data collection. These laws mean that schools and education systems are required to make, where needed, reasonable adjustments for students with disability.

For further information please read the attached parent information sheet explaining the Nationally Consistent Collection of Data on Students with Disability and privacy measures in more detail.

Fact sheets and other resources for parents, guardians and carers are available on the NCCD Portal via the following link: <https://www.nccd.edu.au/resources-and-tools/roles/parents-guardians-and-car%20ers-14>

Janine Refalo
Assistant Principal Curriculum



If you have requested paper based copies of the Google Classroom, please pick them up from the STOP DROP GO area between 3:15pm – 4:15pm tomorrow.



BE A MATE. BE KIND ON MAY 8



At the beginning of 2018, the nation was stunned by the untimely death of 14-year-old Dolly Everett, a victim of relentless bullying. Dolly's parents, Kate and Tick Everett, established Dolly's Dream to act as a voice for those who cannot speak for themselves and work to prevent the precious lives of other children and young people being lost.

At the core of everything we do is kindness. We believe that through kindness we can create a sense of togetherness and community and – together – we can combat bullying.



Why Do it for Dolly Day? Do it for Dolly Day is about bringing the community together to celebrate kindness and unite in taking a stand against bullying. “By coming together on Friday 8 May and getting behind the cause, people will encourage their mates to do the same and, before long, everyone will feel brave enough to speak out against bullying,” says Dolly's father, Tick Everett.

What can I do?

We know that at the moment coming together looks a little different. But what that also means is that a sense of community and togetherness is actually more important than ever. This Do it For Dolly Day, we're asking people to spread the Dolly's Dream message by wearing blue. “Blue was Dolly's favourite colour and creating a sea of blue on Do it for Dolly Day reminds people to be kind to those around them,” says Kate Everett, Dolly's mum.

Children both at home and at school are invited and encouraged to wear blue for Dolly TOMORROW, Friday 8 May. Students attending Emmanuel tomorrow are asked to wear sun-smart clothing, closed-in shoes and the school hat. There is no cost associated with participation.

Together, we can make Friday 8 May a day of kindness. Big or small, what's most important is to make the effort. Here are some acts of kindness you could consider:

- call to check in on a family member/friend or send them a friendly text message
- make a card for someone you care about
- write a positive online review for a small business
- Print and place the PDF attached to this newsletter on your front door / in your window to show your support
- Check your Google classroom for activities and ideas posted by your teachers

If you wish to share how your family supported #Do It For Dolly, please email photos to the school office and we will include some of these in next week's newsletter. If you would like further information regarding online educational resources this is available at [the DigiPledge](#). Last year saw thousands of community members participate and help share the Dolly's Dream message through kindness and wearing blue. Let's all join in on Friday 8 May!



NAPCAN ART COMPETITION

Child Protection Week will run from 6 – 12 September this year. The theme is “**Putting Children First.**” Below is a link to the annual children's art competition, with the deadline for submission 17 May 2020. This is an online competition and all students are able to enter. Good luck everyone!

<https://www.napcan.org.au/>



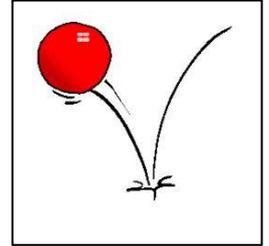
Amanda McDonald
Assistant Principal Administration

From Our Counsellor

Talking about the topic of RESILIENCE

Resilience is the capacity to recover quickly from difficulties. Resilience makes us better able to handle challenging situations. Similar to the changes you may be facing at the moment. You may be finding it tough or easy, depending on your level of resilience.

Think of a ball being tossed your way. To catch the ball is the first step. To drop the ball is possible, to hold the ball and do nothing with it is an option, and passing the ball on is a choice. Resilience is the choice ability to keep the ball moving.



Now imagine that you are the ball. Sometimes we can feel like we hit the ground. Our ability to bounce is important. If we are feeling flat, then our ball has difficulty bouncing back. SELF-CARE is an important aspect of resilience. It requires the resilient person to promote a level of wellbeing self-care, which enables them to regulate and control their emotions in ways which allows for them to move forward, and bounce over any obstacles which appear along the way.

GOAL SETTING is also an important factor in staying Resilient, as when our ball has been given specific direction, this can result in it either moving forward or backward, which determines the level of success for us and accomplishment.

Sometimes our situations lead us to a direction of uncertainty, and it can feel like our ball has gone backwards or becomes fixed in a stagnant position. Resilience is our ability, when things go wrong, to help us cope with the challenge or change, in order to get us through hard times. To bounce forward would require forward movement and forward positive thinking. This can be obtained with the right MINDSET.

Resilience can help you bounce back after challenging times, and sometimes it makes you even stronger than you were before. Could our failures and challenges provide coping strategies and instrumental learning for future experiences? Yes, the elements of PERSISTENCE and PERSEVERANCE, when embraced during times of changes and challenges can provide positive teaching outcomes for us.

Please find some "BOUNCE BACK" ideas which can help you get through tough times.

- ✓ **Positive Self-Talk:** Thinking positive thoughts of encouragement
- ✓ **Looking after Yourself:** Utilise self-calming and health promoting strategies
- ✓ **Seek Solutions:** Being able to problem solve and overcome challenges
- ✓ **Community Connections:** Talking to someone about your concerns can help to find prospective
- ✓ **Identify and Set Goals:** Work towards your goals
- ✓ **Keep Trying:** Be open to trying new things; try and try again
- ✓ **Acceptance:** That change and negative things sometimes happen

For more information on RESILIENCE go to <https://kidshelpline.com.au/teens/issues/building-resilience>

Being resilient is a necessary life coping skill, which can help with the ups and downs of life. It is one of the key ingredients to successfully bouncing through life.

Yours in counselling,

Kristy Flor
School Counsellor

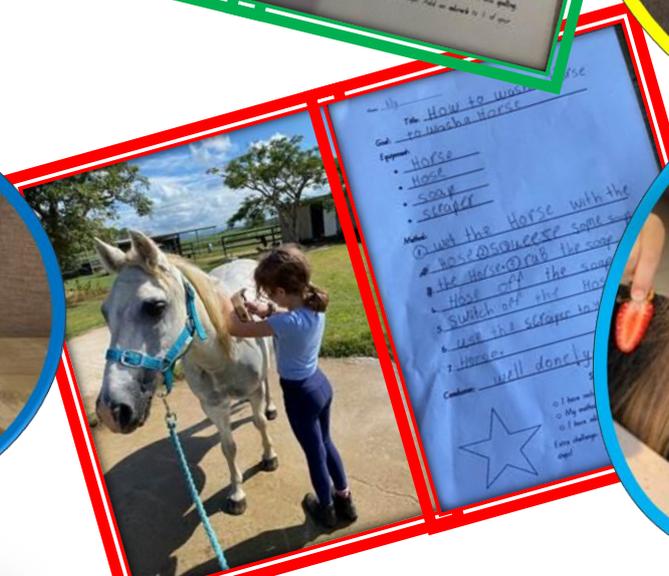
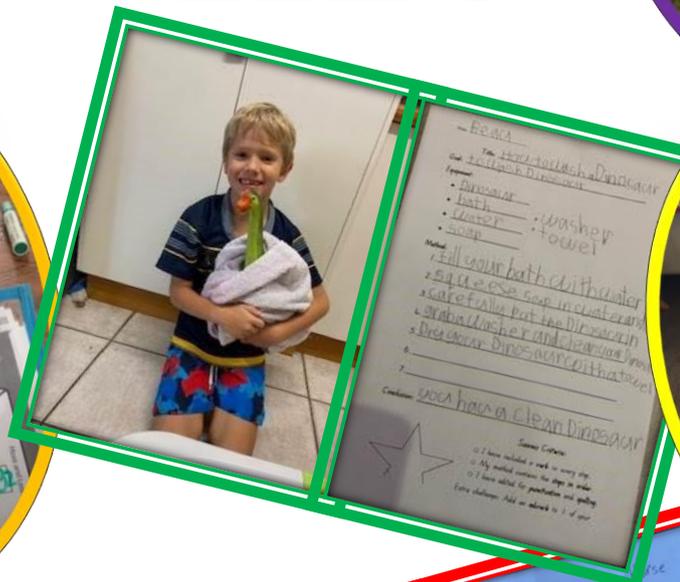
Quotable Quote

*'I am not afraid of
storms, for I am learning
how to sail my ship.'*

– Little Women, L.M. Alcott –



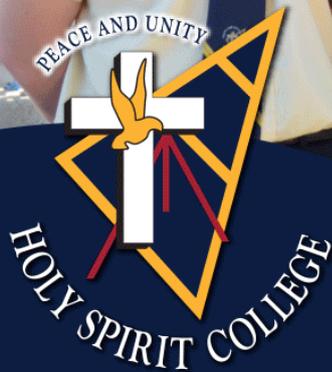
LEARNING FROM HOME



HOLY SPIRIT COLLEGE ENROLMENTS

As of 2020, Enrolment Applications are to be submitted online. If you have trouble accessing the internet or need assistance completing the forms, please contact the Holy Spirit College office staff who are happy to assist you.

Join us for **Year 7 in 2021**



ENROL ONLINE NOW

www.hsc.qld.edu.au/enrolments

Ph: 07 4969 2600 | enrolments@hsc.qld.edu.au | Baxter Drive, North Mackay



Catholic Education
Diocese of Rockhampton

POSITION VACANT



Term-Time Facilities Officer (28 HPW) MacKillop Catholic Primary School, Mackay Immediate Commencement

Applications are invited from suitably qualified and enthusiastic persons for the term-time position of facilities officer 28HPW.

The successful applicant will contribute to the effective and efficient operation and environment of the school by providing a high level of maintenance and development of the school grounds. You will have appropriate experience, good time management skills and an understanding of and a commitment to the ethos of Catholic education.

A Working with Children Check (WWCC) and eligibility for a Suitability Notice will also be required, as well as a willingness to complete all necessary Workplace Health and Safety training.

Download the full position description for further details on the typical duties and requirements for the position of facilities officer.

Applications should be addressed to:

Allison Blakey
Principal
MacKillop Catholic Primary School

email to: mnm@rok.catholic.edu.au
Phone: 07 4955 3600

Applications close 3pm Tuesday 12 May 2020.

Catholic Education is committed to best practice in student protection policies and procedures and is an equal opportunity employer.

Existing not to be different, *but to make a difference...*

Existing not to be different, *but to make a difference...*

| www.rok.catholic.edu.au | Twitter @RockyCathEd |





Student Travel Rebates



Semester 1



Bus Fare Assistance

- Does your child attend a **school outside the Brisbane City Council** boundary?
- Does your family spend more than **\$25/week*** on fares to and from school (* \$20/week if you hold a concession card)?
- Does your child travel on a **publicly available service** not owned or associated with the school?

Students With Disability

- Does your child have a **verified disability** that requires **transport assistance** to and from school?
- Has your school's learning support teacher assessed your child's **travel capability rating** as 'semi-independent' or more dependent?

Visit our website to see if you qualify for our financial assistance to help with the cost of transport and **apply at SchoolTransport.com.au during May.**

Late applications cannot be accepted after 31st May.

RATEP 2020 MID-YEAR APPLICATIONS ARE NOW OPEN !!



- ❖ Andergrove SS is indeed extremely fortunate to be the "home" of RATEP, for the Mackay region.
- ❖ RATEP (Remote Area Teacher Education Program) is a community-based Aboriginal and Torres Strait Islander Teacher Education Program, that enables Aboriginal and Torres Strait Islander people to become registered teachers, Community Education Counsellors or qualified teacher aides.
- ❖ TAFE Course **Certificate III in Education** for adults - training runs **from July 2020 to June 2021 or June 2022**. (*Full-time* approx. 18 hrs/week for one year, or *Part-time* approx. 9 hrs/week for two years).
- ❖ TAFE Course **Certificate IV in Education** for adults - training runs **from July 2020 to June 2021**. (*Part-time* approx. 18 hrs/week, for one year).
- ❖ TAFE Course **Diploma in Education** for adults - training runs **from July 2020 to December 2021**. (*Part-time* approx. 20 hrs/week for 1.5 years).
- ❖ **JCU Bachelor of Education** for adults, 4 years' full-time course or additional years part time.
- ❖ Highly subsidised training and payment plans are available, so that **no fee is payable at the commencement of a course**.
- ❖ Financial assistance for travel and accommodation to attend residential blocks in Cairns and field trips is also available, for **TAFE Certificates III, IV and Diploma Courses**.
- ❖ For further information contact RATEP Teacher Coordinator, **Kerry Cronin**:
 - Phone: **4998 9333** or **0408 528 604**
 - e-mail: kcron3@eq.edu.au
 - Facebook: www.facebook.com/RATEPMackay or
 - call into the **RATEP Room, in Building, beside Andergrove SS's main entry driveway, in Banksia Avenue, Andergrove.**



Sometimes
heroes
need helping too!

Feeling the pressures of ISO life?

As a parent, keeping you and your family's **mental wellbeing** in check is **important**. We are here to help you through these challenging times.

- Isolation getting too much
- Kids are bored at home
- Learning from home is a struggle
- Tensions are building at home
- Unrealistic expectations of life
- Feelings of hopelessness
- Feelings of loneliness
- Depression or anxiety
- Missing distant family members
- Relationship troubles

Centacare^{CA} offers professional and confidential **counselling** and **psychology** services. Sessions can be conducted over the **phone** or via **video chat**.



To make an appointment, call **1300 523 985**
or visit: centacarecq.com/counsellor-booking/

*Psychology appointments can be arranged as Telehealth and Bulk Billed through Medicare.

