



# newsletter

10 September 2020

## Term Three

Peer Support  
Friday Mornings  
Weeks 1-10

Dance Fever  
Weeks 2-9

National Child  
Protection Week  
6-12 September

Australia's Biggest  
Child Safety Lesson  
10 September

Year 6 Cape  
Hillsborough Excursion  
11 September

Mission Fair  
16 September

Last Day of Term  
Mini Athletics Carnival  
18 September

## Our School Mission Statement



Dear Parents,

One of the most important issues in society today is the way we care for, develop, value and celebrate our children and young people. As parents and teachers, we have the responsibility of working together to listen to what children are saying and most importantly **to promote their wellbeing**.

Parenting is as challenging as it is rewarding. So, what might we do in our home environment to assist our children to be successful in the environments outside our home? The answer is to continue to provide good nurture, with plenty of love and encouragement that has sensible structures and boundaries.

Changes in society over the last 30 years have resulted in changed structure for many families. In the past, the task of parents in raising children was probably eased by the informal supports of the extended family, having a network of friends among neighbours and from living in a community that shared common interests and aspirations.

Nowadays, as individuals and families, we are very mobile. We travel around the country and overseas for work, for affordable housing, for fun. We get around our city, town or suburb much more easily than our grandparents could. We become involved in cultural activities, sports and hobbies even though they may be some distance from our homes. We make friends with people who live a long way off and we use new communications technology to maintain relationships with them. This single factor of mobility has greatly changed family dynamics.

Evidence has been accumulating about the best ways to promote the wellbeing of our young people. Children's Commissioner Gillian Calvert suggest it is critical for young people to have strong connections with their family and with the institutions in their community especially with their school. "Strong relationships are the best way to maximise the possibilities that children grow up safe and healthy, that they will participate in education, culture and employment and they will not become involved in violence and crime".

To make life better for our children, we don't need to access the internet from our mobile phone, or be able to convert foreign currency to dollars in an instant. We do need supportive families and communities. Time spent with your family is time well spent.

Wishing you every blessing for the coming week,

**Geraldine Rostirolla**  
*Principal*

# Religious Education

## HOLY NAME OF MARY

On 12 September we celebrated *the Most Holy Name of Mary*. This feast commemorates all the privileges given to Mary by God and all the graces we have received through her intercession and mediation. It is a day of special significance for all Marists, who look to Mary as their model.

*FROM MARY we learn to surrender to God's will in all things.*

*FROM MARY we learn to trust even when all hope seems gone.*

*FROM MARY we learn to love Christ her Son and the Son of God!*

(Pope Saint John Paul II)



This term, our Year Six students have been learning about the different titles, roles and images of Our Lady. They listened to Michael Mangan's beautiful litany song, 'O Mary We Ask You' and explored Marian scripture, art, hymns, prayers and church teachings. They are currently creating their own images of Mary based on their understanding of her role as Mother of God and Mother of the Church.

## MISSION FAIR

Our annual Mission Fair will be held on Wednesday 16 September. The staff has been busy organising stalls and we are all looking forward to another fabulous fair. There will be Lucky Dips, Trash and Treasure, Photo Booth, Ice-creams, Bubbles, Friendship Bracelets, Lucky Ducky, Noodle Racers, Coinline, Lolly Stall, Pick of the Stall and lots of games and activities at this year's fair. The Student Council and our Mini Vinnies group will also be helping out and running stalls.

Please encourage your child to do some jobs at home to earn their spending money for this exciting event.

Parents are reminded to send coins and not just notes.

Tickets in the multi-draw raffle will be on sale tomorrow. They are great value at a cost of 50 cents each or three for \$1.00. Our Year Six Leaders will be selling the tickets before school and at lunchtime each day. The raffle will be drawn after the Mission Fair.



## TRASH AND TREASURE

# WE NEED YOUR HELP

One man's trash is another man's treasure!

Our Year Six classes will be running a *Trash and Treasure* stall at the Mission Fair and are looking for donations of pre-loved books, puzzles, toys, games, collectables and knickknacks to sell. Please send them to school by Tuesday 15 September so they can be sorted and priced ready for the fair. Thank you for your support.

## AUSTRALIA'S BIGGEST CHILD SAFETY LESSON



This morning the Daniel Morcombe Foundation hosted **Australia's Biggest Child Safety Lesson** for students in Prep - Year Three. It explored safe and unsafe secrets, highlighted personal safety strategies and encouraged children to make their own safety helper hand. The lesson will be available on the website in the coming weeks. Also available on the website is the 2020 Online Safety lesson for older children and lessons from previous years.

For more information about ABCSLs and to view lessons from previous years go to:

<https://danielmorcombe.com.au/australias-biggest-child-safety-lesson-2/>

For resources and information about child safety go to:

<https://danielmorcombe.com.au/fact-sheets/>

To find out about the Daniel Morcombe Foundation and the key messages of the Daniel Morcombe Child Safety Curriculum go to: <https://danielmorcombe.com.au/>



### THIS SUNDAY'S READINGS:

Sirach 33:7-9

Hate and anger lead to death; love and forgiveness to the kingdom.

Romans 14:7-9

Christ is Lord of the living and the dead

Matthew 18:21-35

Parable of the official who, receiving mercy, does not show it to others

For weekly Gospel readings, reflections and meditations go to <http://www.prayasyoucan.com.au/>

[Download this week's parish bulletin @ https://rok.catholic.net.au/parish/mackay-st-josephs/#](https://rok.catholic.net.au/parish/mackay-st-josephs/#)

[For Parish News, updates and to book for weekend Masses go to the \*\*Catholic Parishes of North Mackay and Farleigh\*\* Facebook page.](#)

Share in Daily Mass from St Joseph's Cathedral @

[https://www.youtube.com/channel/UCQeYD6B2cSvFb4zqStn\\_Brq](https://www.youtube.com/channel/UCQeYD6B2cSvFb4zqStn_Brq)

### VIRTUE OF THE FORTNIGHT – ENTHUSIASM

Enthusiasm is being cheerful, happy and full of spirit. It is doing something wholeheartedly, with zeal and eagerness – giving 100% to what you do. Being enthusiastic is being excited about something, looking forward to something. When you are enthusiastic, you have a positive attitude and people like to be around you. Enthusiasm makes life more enjoyable.

***"Enthusiasm is the match that lights the candle of achievement."*** (William Arthur Boyd)



Noeleen Kliese  
Assistant Principal Religious Education

## Curriculum Corner

### REPORT FROM YEAR FIVE

Recently, Lilly-Ann Hampson, Artaya Ridley and Ruby Busby from 5K won a class prize to take photos for the Newsletter. They decided to photograph the Year Five class pets and they can be seen below with a caption written by the girls. Well done!



I'd like to introduce you to Boris, 5F's class pet. Harry and Ella said, "We like Boris's personality and we are very lucky to have a class pet."



This is Buddy, 5K's class pet. Millie and Indi said, "We feel very privileged to have Buddy as a class pet."



These are 5C's unusual class pets - crickets! Darcy said, "Our crickets are fascinating, and we love the way they chirp."

**Janine Refalo**  
Assistant Principal Curriculum

# APA News

## WEEK SIX PEER SUPPORT

This week the focus is on Step 2 of the model, Plan. In Peer Support, children learn the need to develop a range of coping strategies and be creative in drawing on these when planning responses. Responses include persevering, seeing the positive side to situations and engaging in activities they enjoy as a distraction for a short time.

Encourage your child to talk with you about strategies they could use as difficulties arise.

## MAKING A DIFFERENCE

Recently, Year Four student Elena Webber had a haircut that will make a huge difference in the life of a child she doesn't even know. Elena donated her beautiful locks to Variety's *Hair with Heart* and raised over \$1000 at the same time. Well done Elena. We are so proud of you.



## KEEPING CHILDREN SAFE AND WELL IS EVERYBODY'S BUSINESS



## CHILD SAFETY IS EVERYBODY'S BUSINESS

National Child Protection Week (6th - 12th September 2020)

### Why listening to children is so important?

Making a point of listening to every child you know is one of the most important things you can do. It shows children you really care and respect that they are worth listening to. This helps them feel they are special and respected. Being listened to also helps children to practice putting ideas into words, explore their feelings, and develop self-confidence. When you listen to your child, you benefit by learning more about how your child thinks and feels, and what they need.

For more information about how to play your part, visit [www.napcan.org.au](http://www.napcan.org.au)

NATIONAL CHILD PROTECTION WEEK  
6th-12th September 2020

NAACPAN  
Naarm/Melbourne



## LATE ARRIVAL AT SCHOOL – important information

A reminder from our article last week that the school day begins at 8.30am, and that ADMINISTRATION STAFF WILL VACATE THE STOP, DROP, GO AREA at 8.35am. Students who arrive late to school (ie: AFTER 8.35am) are to be signed in at the office BY AN ADULT as rolls are marked in the first few minutes of the day and attendance records sent to the office. Late arrivals need to have their records changed for the day. Text messages will be sent to parents of children who are late for school and have not been signed in by an adult at the school office.

We are aware that wet weather causes significant delays in the traffic, and on these days, Administration will endeavour to stay longer to assist with the drop off of students. On these occasions, if you arrive after 8.35am, and a member of Administration is still assisting, it will not be necessary to sign your child in, as teachers will delay roll-marking and important messages for a little longer on wet weather days ONLY.

Repeated late arrival at school tells children that school is not important, and meeting deadlines is not necessary. Thank you for your support and cooperation in regards to meeting this important requirement of the school day.

**REMINDER: SCHOOL BEGINS AT 8.30am!**

**Amanda McDonald**  
*Assistant Principal Administration*

## Sporting News

### MINI ATHLETICS CARNIVAL – Friday 18 September 2020

Preparations for next Friday's Mini Athletics Carnival steps up a gear as excitement builds amongst students and staff. All students from Prep to Year 6 will compete in a range of running events and ball games on the HSC top oval.

Due to the current Covid-19 restrictions, our annual athletics carnival has seen some temporary changes this year, one of these being that parents are unable to attend this event. I would like to personally thank all those who have offered to help. Hopefully next year will see a return to normality whereby the school will be open to parents to volunteering and spectating once again.

The day will run as close to a regular carnival as possible. All students will be able to wear a shirt and decorations (hair ribbons, socks etc.) in their house colours. Now that spring has sprung, days are heating up, so please ensure that shirts are sun smart and that each child has their school hat (water bottles essential).

The Tuckshop will be running; however, **only for the main lunch break at 1pm**. Food and drinks can be ordered for big lunch through the usual process, with deliveries made to the top oval for students to enjoy. All students will require morning tea, fruit and snacks brought from home as no other items will be available throughout the day.

I do appreciate that this situation is not ideal and that you and your children would love to share this day together as we normally do. We are all praying that Covid-19 will be a thing of the past very shortly and life, for all people, returns to normal as soon as possible.

Thank you for your continued support.

### **SWIMMING 2020 – IMPORTANT INFORMATION**

As you are aware, our annual Swimming Carnival, proposed for earlier this year, was postponed due to Covid-19 restrictions. We are pleased to announce that the carnival will take place, in a modified format, on **Thursday 22 October 2020**. Due to continuing Covid-19 restrictions, students from Years 4 – Year 6 only will be participating. Unfortunately, parents will not be able to attend this school event. We thank you for your understanding during these times. Further details will be outlined early next term.

Prep to Year 3 students will not participate in this year's swimming carnival. However, they will once again participate in swimming lessons at Marlins Swim School later in Term Four. A letter outlining dates / costs was distributed to these classes today. We ask that parents in Prep – Year 3 please ensure that you read this letter carefully, as important information is contained regarding billing arrangements.

**Luke Dodson**

*HPE Teacher*

## Music News

Many students in Years 3 – 6 have been awarded a Music Excellence Certificate this term for achieving fifty stamps on their rewards sheet during their music lessons.

Congratulations to the following students who will receive their certificate at our next full school assembly.



<b>Year 3</b>	Jada Scott, Isabella Baretta, Bonnie Desbois, Cayden Crowe
<b>Year 4</b>	Indiee Vaughan, Janice Joseph, Elena Webber, Henry Miller, Jack Shepherd, Tahlia Harris, Jake Ryan, Millie Morris, Bryson Doherty, Isaac Scully, Gabi Stehbens, Ben Tickle, Paolo Lo Presti, Jameson Wallace, Calvin Chan, Libby-Rose Griffiths, Elijah Sehl, Shelby Roche, Laila Scott, Maeve Tierney, Evie Le Garde
<b>Year 5</b>	Mia Dennis, Edie Smith, Harry Hayes, Ashley Grech, Holly Hinrichsen, Lilly-Ann Hampson, Daniel Jackson, Zahli Herring, Abby McCreadie, Millie Byrne, Amelia Dolphin, Alyssa Synnott, Indi Brady, Brendan Scriha, Sullivan Goldsworthy, Ryan De Pinto, Lexi Worth, Ava Sanderson
<b>Year 6</b>	Shane McIntyre, Hayley Goldburg, Addison Simpson, Jaxen Chammen, Mackenzie Maunder, Annika Wallace, Ryan Wells, Katie Prince, Maggie Thorburn, Lincoln Morgan, Cassidy Borg, Alana Hyde, Mackenzie Neilsen, Laila Worth, Addison Furini, Bianca Janus, Alysse Atherton, Millie Scott, Zarvy Newton, Lila McGrath, Logyn Sammut, Abbey Illguth, Maddison Mooney

## Lost Property

Please note our lost property box is overflowing with jumpers, water bottles and lunch boxes. Please check with your child/children if they are missing any of these items and remind them to check the lost property box, which is located outside the student entrance of the new Administration block.

## From the School Counsellor

Hello Emmanuel Catholic Primary School community,



### R U OK? Day is Thursday 10 September

R U OK? Day is here again, and this year all Australians are being called on to learn what to say if someone says they're not OK because 'There's more to say after R U OK?'

What can you do?

- [Learn what to say after R U OK?.](#)
- Start a conversation and make a difference.
- Get involved with [these resources.](#)

#### Quick tip: Keep the conversation going



If someone says they're not OK, listen with an open mind and invite them to share more about how they're feeling. Once they've opened up, encourage them to access support or to do something that might help them manage the load. [Find more tips here](#)

If you are not okay, and feel that your family may need some support, please feel free to come and have a chat with me. I can be contacted on Tel: (07) 49425 999 (Monday, Tuesday, Friday) or via E-mail: [Kristy\\_Flor@rok.catholic.edu.au](mailto:Kristy_Flor@rok.catholic.edu.au)

Kristy Flor

School Counsellor

## Tuckshop News



### WE NEED YOU!

Please consider volunteering in the tuckshop, even for just a few hours just one day a month. All helpers are very much appreciated.

Please Note: It is imperative that volunteers **DO NOT** attend tuckshop if they are unwell, have anyone at home who is unwell, have been in contact with anyone who has COVID-19 (awaiting test results), or recently returned from overseas. Thank you.

### VOLUNTEER ROSTER - TERM 3 WEEK 10

- Mon 14 September: Katie Murphy  
Tues 15 September: **Help Wanted**  
Wed 16 September: **Help Wanted**  
Thur 17 September: Paul Johnson  
Fri 18 September: Meggs Weissman  
Asinate Waqa



Angie McGowan/Carly Nicholas  
*Tuckshop*

### SCHOOL FEES

Term Three school fees are now **overdue**. We would like to thank those families who have already paid. If you have not yet paid your account, it would be appreciated if you could do so immediately. (This does not apply to those families who have a direct debit/payment plan in place). Please contact the finance office if you need to discuss further.



### ABSENT FROM SCHOOL HOTLINE



**49948256**



DIRECT LINE - AVAILABLE 24 HOURS A DAY

WHEN YOU CALL YOU WILL BE ASKED FOR THE FOLLOWING INFORMATION:

YOUR NAME, STUDENT'S NAME, CLASS, DATE OF ABSENCE, REASON FOR ABSENCE



## SUPPORTING YOUR CHILD FOLLOWING BIG CHANGES AND UNCERTAIN TIMES

following natural disasters and impactful community events.

Loss at any time in life can be challenging. At Good Grief, we develop and support a range of evidence-based loss and grief education programs that help children, young people and adults to understand their experience and attend well to their grief following major loss experiences. Change and loss following impactful community events often raise questions about how we may best support children and young people.

### COMMON QUESTIONS ARE:

- How can I talk about what has happened?
- What kind of reactions might I expect from my child?
- How can I best support the children and young people in my care?

### ATTENDEES WILL HAVE THE OPPORTUNITY TO

- Discuss the impact of the event on your child
- Learn about what kind of reactions you might expect from your child
- Learn what you can do to support your child

### ONLINE SESSION:

Date: Wednesday 16<sup>th</sup> of September 2020

Time: 7.00pm

[BOOK NOW](#)

OR

Date: Thursday 17<sup>th</sup> of September 2020

Time: 3.30pm

[BOOK NOW](#)

Register for your session as soon as possible as places are limited.

Contact: Godelieve on 02 89122701



ABN 79 078 299 288



[www.goodgrief.org.au](http://www.goodgrief.org.au)

